

FINNLEDEN ÖSTRA 19 KM

HIKING
VÄRMLAND



Difficulty: moderate

Marking: orange

Recommended footwear: boots

Terrain: hilly, mostly coniferous forest, cultural history, water, mires, shorter stages on logging roads

Uppdaterad: 2025-02-24

Summary

In Mangskog there are many paths of Finn tradition. Two of them are orange marked hiking trails, Finnleden Västra and Finnleden Östra that meet up north in Bjurbäcken and run parallel for a bit. Finnleden Östra is a quality proofed HIKING VÄRMLAND trail and north at the Sunne border it connects to the trail system of Ängen. Via Tiskaretjärnsleden, Tischasslingan and Gruvrundan it is possible to continue into Arvika again, crossing the municipality border at Gunnarskog via Bruksleden.

The area is characterized by wilderness spirit and beautiful nature in varied and hilly terrain. The lake Lången can be seen from a distance and you are surrounded by spruce and pine forests, mires, carriage roads, paths and some remains of crofts. There are some shorter stages on logging roads. Active forestry is conducted along almost all our trails and you will now and then pass by cutting areas in different states of regrowth.

A map for download is available as a separate PDF. Mobile coverage is lacking in some areas. The trail is marked with orange on trees or posts.

Suggested starting point

WGS84: 59.750875° N, 12.825900° E

A large parking area is available at the Mangskogs church. You can also go here by bus, the connection 113 Arvika-Mangskog. For time tables, see Värmlandstrafik (varmlandstrafik.se).

Description from south to north

The Mangskog church - Patronorp, 3,6 km

The ascent is 150 height meters, but the surface is an even and wide carriage road through mixed forest. Expect a few short stages on gravel roads. You will pass the remains of the croft Brelinstorpet before reaching Patronorp, an abandoned but privately owned croft.

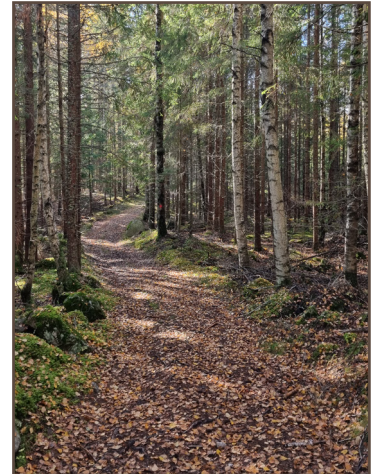
Patronorp - Humsjön, 5,2 km

From now on there is more wilderness spirit and deeper forests, but back in time the farms were not so far apart. The trail passes the remains of Storåsen, Västra Jonsbol, Grevtorpet and Molltorpet (some of them indicated by plaques) before reaching the height east of lake Lången. From here you have a nice view of the lake for around 500 m. After a stage through spruce forest the trail follows along a timber road in Humsjön and heads west.

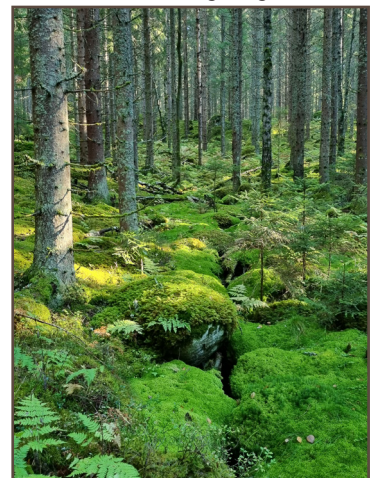
Humsjön - passage across road 878, 3,1 km

Through nice pine and spruce forests you descend towards the north west and pass the remains of the croft Karlbergslyckan. After 300 m down to the timber road you reach an asphalt road, which you follow south for another 300 m.

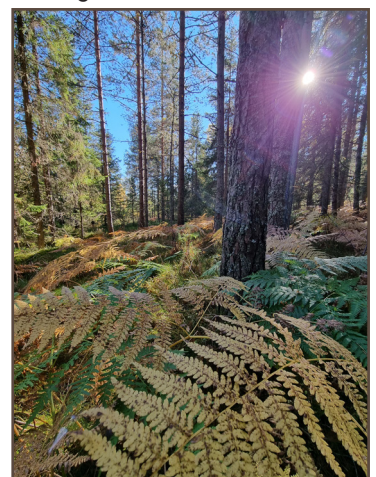
The trail takes off northwest onto a logging road. Passing the creek at the junction, you enter the Bjurbäcken area. Bjur is an old Swedish word for "beaver".



Carriage road climbing up the hill from the Mangskog church.



Spruce forest and moss on the heights north of the church.



Pine forest on mountaneous ground north of Patronorp.

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Passage across road 878 – passage across road 879, 4,4 km

800 m on a logging road leads you to a t-junction where the trail meets with the western trail, Finnleden Västra. You take the path to the south west, signposted "Slobyn", as the Eastern and Western trails run parallel here. After about 600 m you reach Fågelkullen which is the highest point of the trail at 315 masl. (With a short detour of 100 m north you see the remains of a croft with surrounding stone walls. (WGS84: 59.8225236° N, 12.8172583° E). More details about the remains available in Swedish at Fornsök: <https://app.raa.se/open/fornsok/>).

Going south west again on the trail, you reach the croft remains of Nytorp where the trails split again. The Finnleden Östra heads north. After passing through a cutting area the path goes through mixed forest and passes west of the tarn Långtjärnet. From there a wide carriage road takes you to the gravel road 879. You follow it 100 m west to take off north on a small forest road, past a house which used to be the local school. A carriage road continues up the hill.

Passage across 879 – the Sunne border and Ängenleden, 2,3 km

After the climb along the carriage road you reach Östigårn, where the anthropologist Nils Keyland* lived, there is a magnificent view of the surroundings. The farm is privately owned, so please stay on the trail. Further up the hill is Harkaputt, the farm where Keyland's good friend the architect Ludvig Mattsson** lived for some time. Also this farm is privately owned.

Once up the hill, a forest path leads by the place where Keyland died on July 7th in 1924. It is marked by a rock and a plaque.

Going north, the terrain is fairly flat with coniferous forest. After passing the farm Nordtomten (please keep away from the electrical fencing and respect the signs) you cross a mire area before reaching the Sunne border. A few hundred meters into the Sunne-side the Finnleden ends and you continue on Ängenleden.



Timber road crossing the mire south of Ritalamp.



Lake Längen seen from the eastern heights.



Area with heather, south of Karlbergslyckan.

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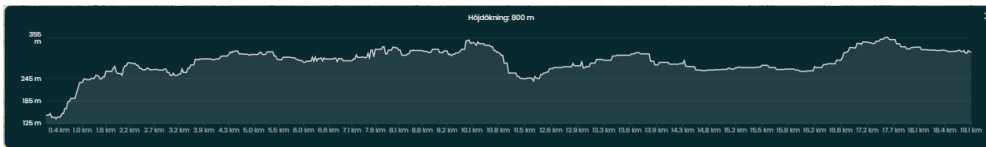
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Elevation profile for Finnleden Östra

The profile shows the southern part of the trail to the left and the northern part to the right. For an interactive map, where you can see the height of different positions, look up www.naturkartan.se. Enlarge the map view by clicking on the green framed symbol shown to the right. Then click on the circled symbol. Move the cursor over the elevation profile to see the corresponding position on the map.



Remains of Karlbergslyckan.

*NILS KEYLAND (1867 – 1924)

Nils Keyland was a versatile man - anthropologist, photographer, violinist, composer, poet, draftsman, mathematician, writer and a hiker. He was born in 1867 and grew up in Bjurbäcken, Mangskog.

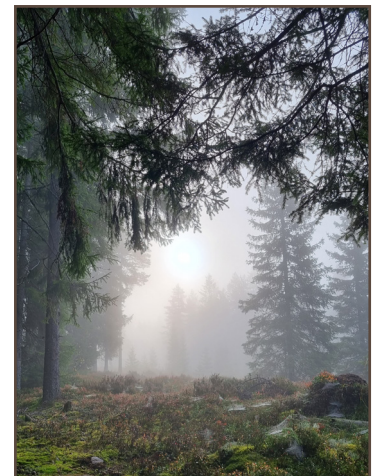
In 1912 he was hired as an office administrator at Nordiska muséet (the Nordic museum) in Stockholm and later manager of the Skansen Cultural History department until his death in 1924. He was especially known for his research on Finnish culture and collecting items for Skansen. Keyland's name was originally Kailainen after his Finnish mother. Keyland is buried at the Mangskog church.

**LUDVIG MATTSSON (1888 – 1960)

Ludvig Mattsson was born in Bjurbäcken in Mangskog but the family moved to Arvika in 1898. He studied to become an architect at the Royal Institute of Technology in Stockholm, but did not graduate, as he also took art classes. After returning to Arvika, he established himself as an architect.

He has drawn at least 850 buildings in and around Arvika, such as the Old Bath House (now the School of Music downtown), the YMCA building, the Hedenskog building on Hantverksgatan, the Solberga high school, the Carolina Sebenius chapel at Mikaelikyrkan and others. (Reference: www.kyrkogardsvandring.se)

Mattsson was also a photographer and drew several buildings and illustrated objects for the anthropology projects of Nils Keyland. He is buried at the Mikaelikyrkan in Arvika.



Spruce forest at northern Humsjön.



Långtjärnet in Bjurbäcken.