

HERTIGPARETS LED 3,5 KM



Terrain: flat but stretches with duck boards

Nature: mixed forest, streams, tarns, mires

Markings: orange

Version: 2023-04-13

Recommended shoes: normally trainers, if high water levels boots

Summary

A circular hiking trail of 3,5 km with start and finish at a parking space in Mangskog. A varied trail through beautiful surroundings with rich flora around the tarn Stenstjärnet in the Byamossarna Nature Reserve. Nice rest area with a wind break and a stunning view over the tarn, at its north shore. It makes perfect sense to walk clockwise around the tarn and finish off with a stop by the wind break.

The flat terrain makes it possible for most to enjoy the stillness and wilderness spirit of this area. Please note that there are duck boards covering quite long passages, narrowing the trail width to around 30 cm.

The path is well visible and has orange markings on trees or posts.

A map is available for download under Documents.

There is little or no mobile phone coverage in this area.

Suggested starting point

Parking space, Mangskog, latitude 59.775629, longitude 12.713018

At the parking space you see the engraved stone with the signatures of the Duke and Duchess, marking the start of the hiking trail.

Description of clockwise direction

A duck board passage through mixed forest, leads you to the circular trail around the tarn. Already from the start you find many different types of plants who thrive in and around mires, such as Heath Spotted Orchid, cloudberry, cranberries, etc.

Reaching the tarn Stenstjärnet, the circular trail starts and follows the shore straight south through pine forest. At the south end of the tarn you see the vast mire Sundsmossen to the southeast.

Going west, there is a slight increase in altitude and the trail goes north on a ridge, taking you inbetween the two tarns Stenstjärnet and Abborrtjärnet west of you. Crossing the stream between them, you might want to leave the trail for a peak at Abborrtjärnet.

Once back on the trail, you head north. If visiting the area in June-July, the purple marshlock and tufted loosestrife are normally in bloom.



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After another duck board passage across the mire Stenstjärnsdulpan the trail leads to the spacious wind break by the northern shore of the tarn, with a stunning view.

Photos:

1. The stone engraved with the signatures of the Duke couple, marking the starting point of the hiking trail
2. Duck boards making it possible to cross several mires
3. Heath Spotted Orchid (blooming June-July)
4. Cloudberry (ripe in July-Aug)
5. The mire Sundsmossen
6. The tarn Abborrtjärnet, eastern shore
7. Purple marshlocks or marsh cinquefoil (blooming beginning of July)
8. Tufted loosestrife or "John-go-to-bed-at-noon" (blooming beginning of July)
9. Wind break by the northern bay of the tarn Stenstjärnet
10. The passage between the parking space and the circular trail

