

DJUPDALSLEDEN 7 KM



Terrain: average, partially hilly, duck boards

Markings: orange

Recommended shoes: boots, a few wet stretches

Nature: view points, mixed forest, streams, mosses

Version: 2023-04-13

Summary

A hiking trail of 7 km with start and finish at Jössestugan, Rackstad. The trail goes across the heights Svarttjärnshöjden, Djupdalshöjden and Gallberget with nice views. The forest is mixed, stretching through pine and spruce populations but also some junipers. The trail crosses several forest streams. On some stretches the terrain is steep, but mostly relatively flat. The surface varies from needle covered paths, roots and rocks to short passages of duck boards. The path is well beaten and marked with orange on trees or signs. A map is available as a separate PDF.

There is normally mobile coverage throughout the trail.

Suggested starting point

Jössestugan, latitud 59.692706, longitud 12.679481

There is a spacious parking space.

The bus connection 111 Arvika-Perserud passes the stop

”Myren/Rackstadskogens naturreservat” after approximately 8 km from Arvika. For time tables, visit [Värmlandstrafik \(varmlandstrafik.se\)](https://www.varmlandstrafik.se).

Beskrivning för motsols riktning

From the parking space there is a common start for all three trails Gallbergsleden, Djupdalsleden and Sotar Blixtleden. After the first hill signs will guide you.

The Djupdalsleden signs point in a counterclockwise direction and head out south through mixed forest and crosses a gravel road after about 1 kilometer.

The trail follows a gravel timber road for a few hundred meters to a turning area and continues southeast on a narrower forest road until crossing the stream from Svarttjärnet. For the time being there are no markings at the turning area, but you will see them again after about 100 meters. Markings will be updated in the spring (2023).

After covering the first gentle climb, you can sight the down hill facility Rackstadbacken if you look back to the North East.

Despite the short distance between the three trails in the area, one can see that the nature along Djupdalsleden is slightly different from the two northern trails. The forest is a bit more sparse and there are more junipers and grass.

As the trail turns away from Djupdalen, briefly northeast and further on northwest, there is a significant climb up to the top of Djupdalshöjden. The view is rewarding.



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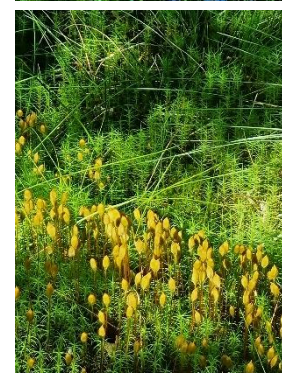
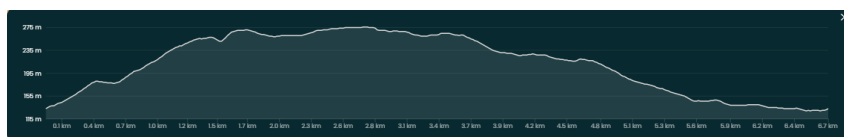
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The trail follows the ridge on a needle covered path through an area of pines and junipers. As the altitude decreases there are some wet stretches where streams cross. For this reason boots are recommended as the duck boards do not cover all of them. You can find interesting mosses and their unassuming flowers.

Djupdalsleden reconnects to Gallbergsleden about 1 kilometer north of Djupdalshöjden. The signs indicate the common way back north of Tarn Hartjärnet (as the elevation profile shows below). It is also possible to take the Z-shaped way via Gallbergsleden and Sotar Blixtleden back (south-north west-south direction), but you will miss out on the pretty views of Gallberget and the tarn (see map).

Elevation profile of Djupdalsleden

For an interactive map showing altitudes of different positions along the trail, look up the trail and mark it at naturkartan.se. Click on the circled symbol, positioned to the right of the web site. Move the cursor across desired area to get the altitude.



Photos:

1. Passages on duck boards help you across wet areas.
2. From Svarttjärnshöjden you can see the Rackstadbacken down hill facility to the North East.
3. Juniper along the trail.
4. Sparse pine and deciduous forest, mixed with grass as altitude increases.
5. View from Djupdalshöjden.
6. Passage through pine forest along the Djupdalshöjden Ridge.
7. Duck boards across wet area between Djupdalshöjden and the reconnection to Gallbergsleden in the northeastern area.
8. Green peat moss.
9. Common haircap moss in bloom (July).
10. Stream crossing before reconnecting to Gallbergsleden.