

Uggleslingan



(The owl loop)

↔ 13 km ↑ 110 m elevation



This trail goes back and forth on the only part in the national park which is easy to bike. This is for everyone who wants to bike in the forest but who is not looking for a technical challenge but just wants to enjoy the beautiful nature while having an easy ride. Perfect for kids too.

Big parts of the trail are shared with horseback riders, please mind each other!



① Stigmansgården Trailhead

Stigmansgården is offering accommodation and café. The tour starts on the gravel road and leads you north, through the national park.

② Main Entrance

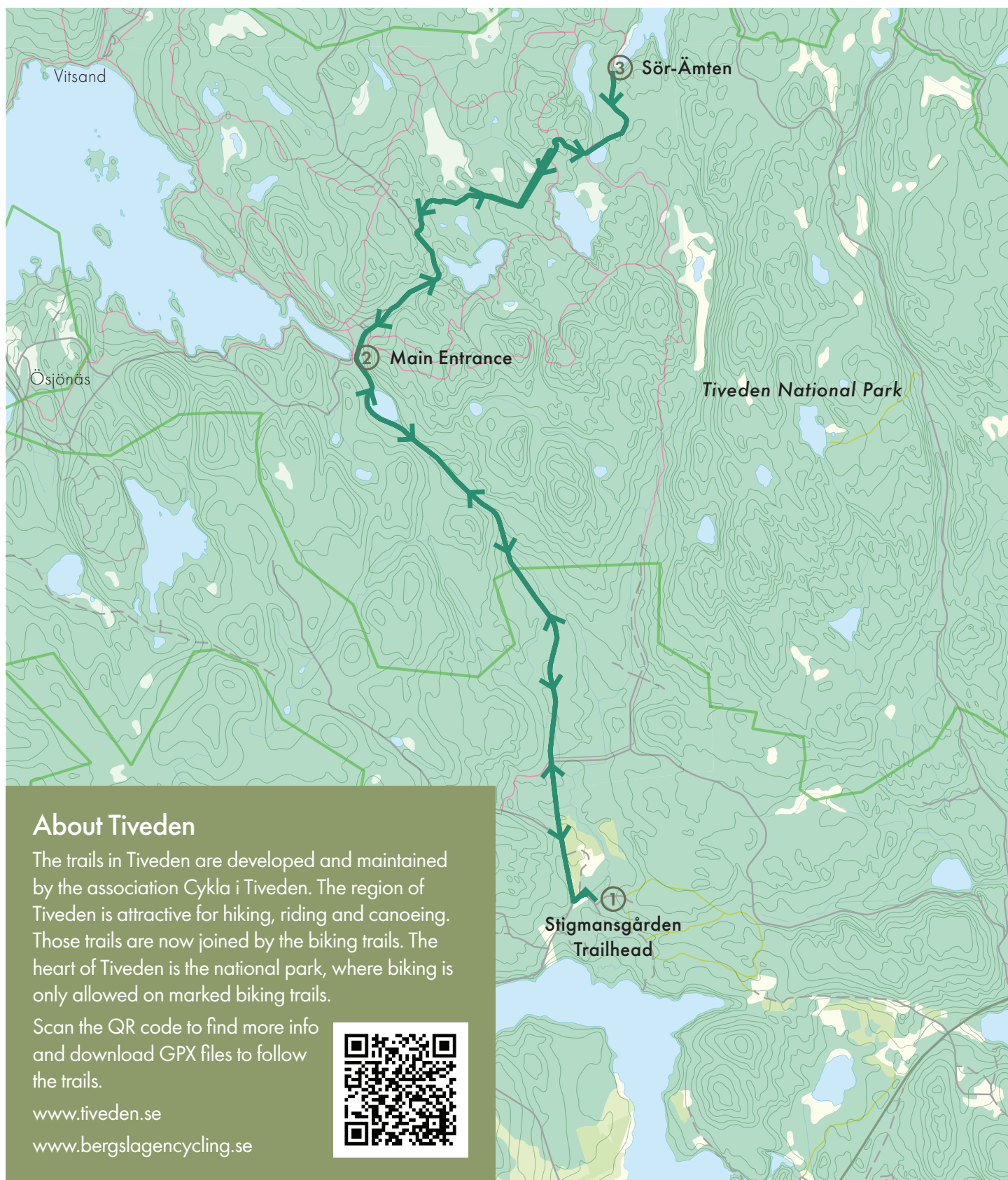
Following this gravel road you will pass by the main entrance of the national park. Feel welcome to stay on for a bit, find information about the region or go for a little hiking loop. Here you will find toilets and an old waterpump to fill up your drinking water.

After the main entrance you continue on the road until you turn right into an old forest road, just after the parking of the lake Metesjön. A nice easy ride, surrounded by troll forest and boulders.

③ Sör-Ämten

At the southern tip of the lake Sör-Ämten, the circuit turns around and follows the same way back to Stigmansgården.





About Tiveden

The trails in Tiveden are developed and maintained by the association Cykla i Tiveden. The region of Tiveden is attractive for hiking, riding and canoeing. Those trails are now joined by the biking trails. The heart of Tiveden is the national park, where biking is only allowed on marked biking trails.

Scan the QR code to find more info and download GPX files to follow the trails.

www.tiveden.se

www.bergslagencycling.se



Tiveden



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