



# The Lönneberga Trail Stages 6 to 7

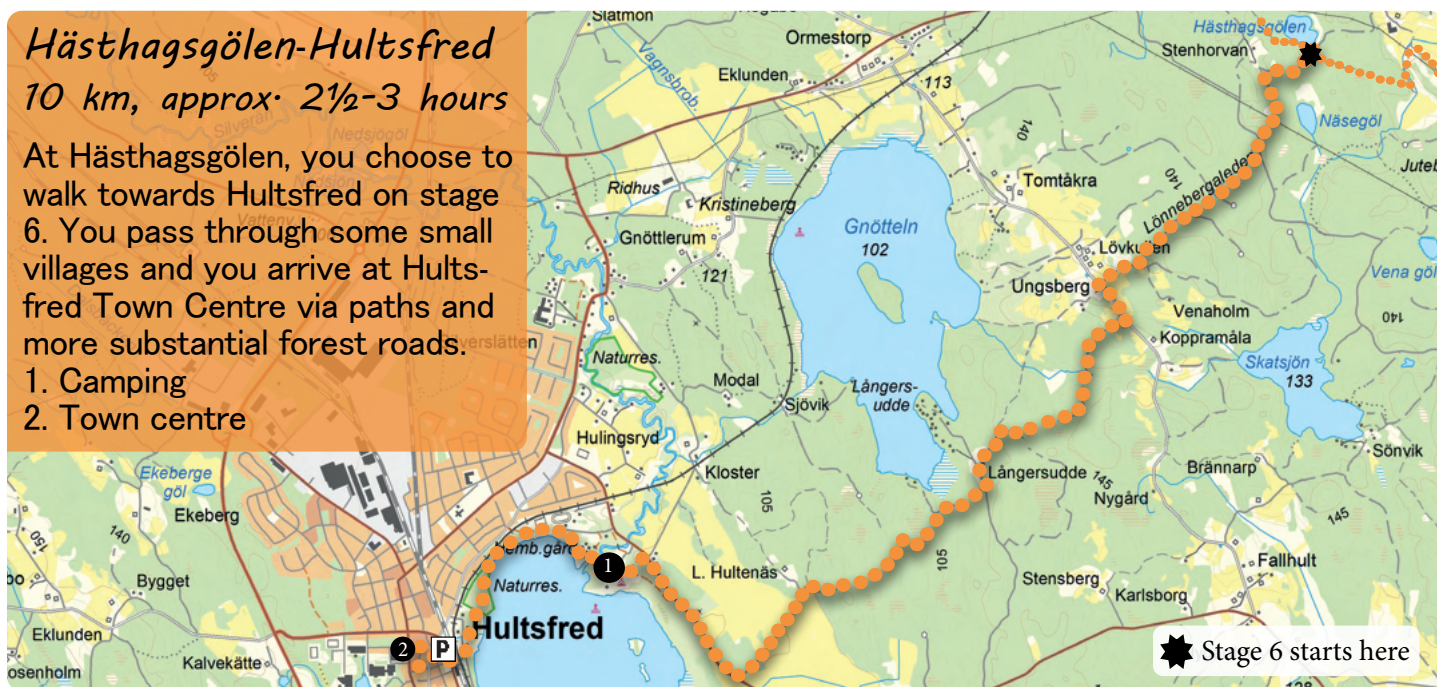
You'll be following the "southern variant" of the Lönneberga Trail if you use stages 3-4, Lönneberga to Hästhagsgölen and stages 6-7, a total of about 50 km. Opportunities for overnighting are available in hotels, hostels and windbreaks.



## Hästhagsgölen-Hultsfred 10 km, approx. 2½-3 hours

At Hästhagsgölen, you choose to walk towards Hultsfred on stage 6. You pass through some small villages and you arrive at Hultsfred Town Centre via paths and more substantial forest roads.

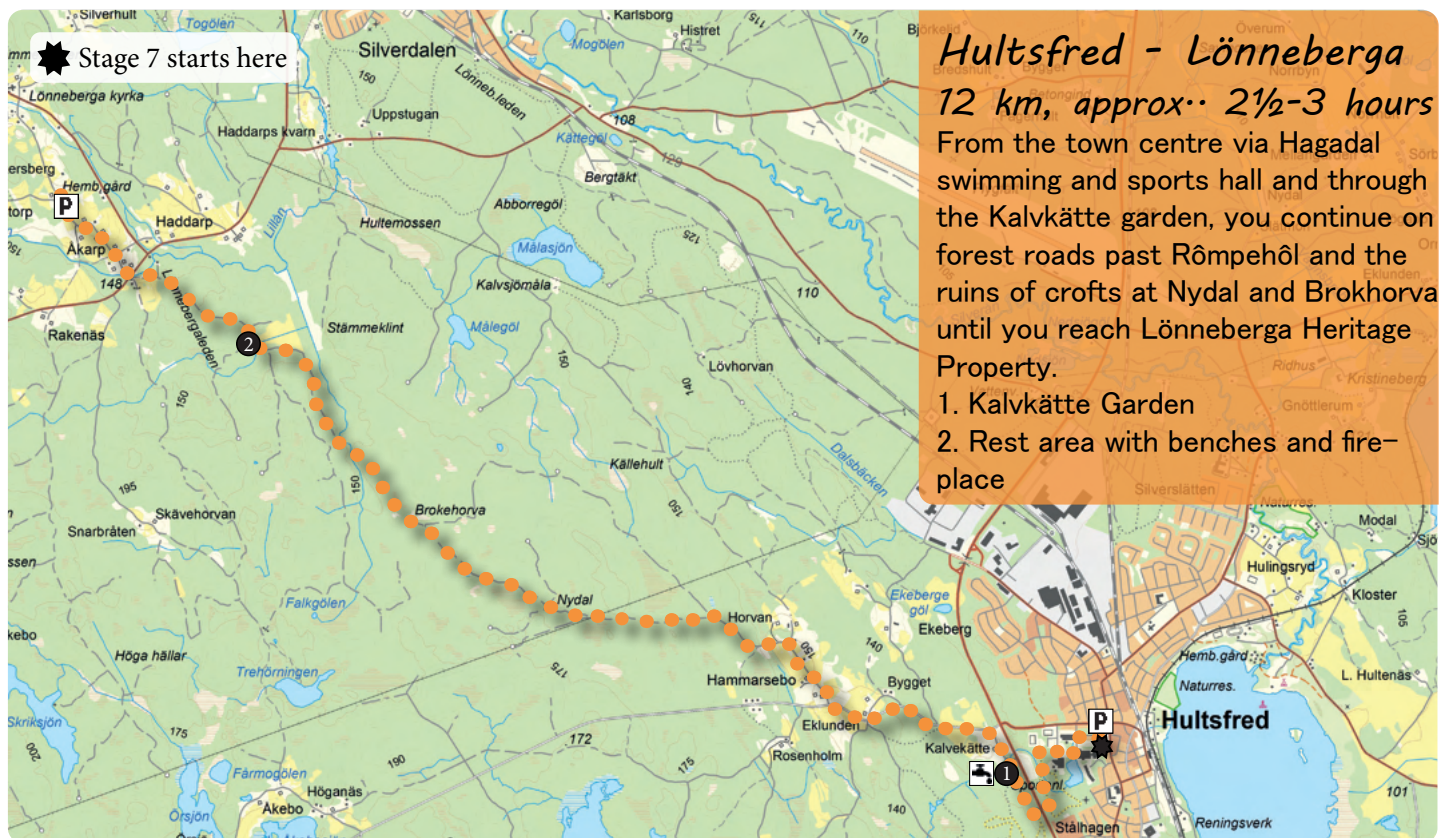
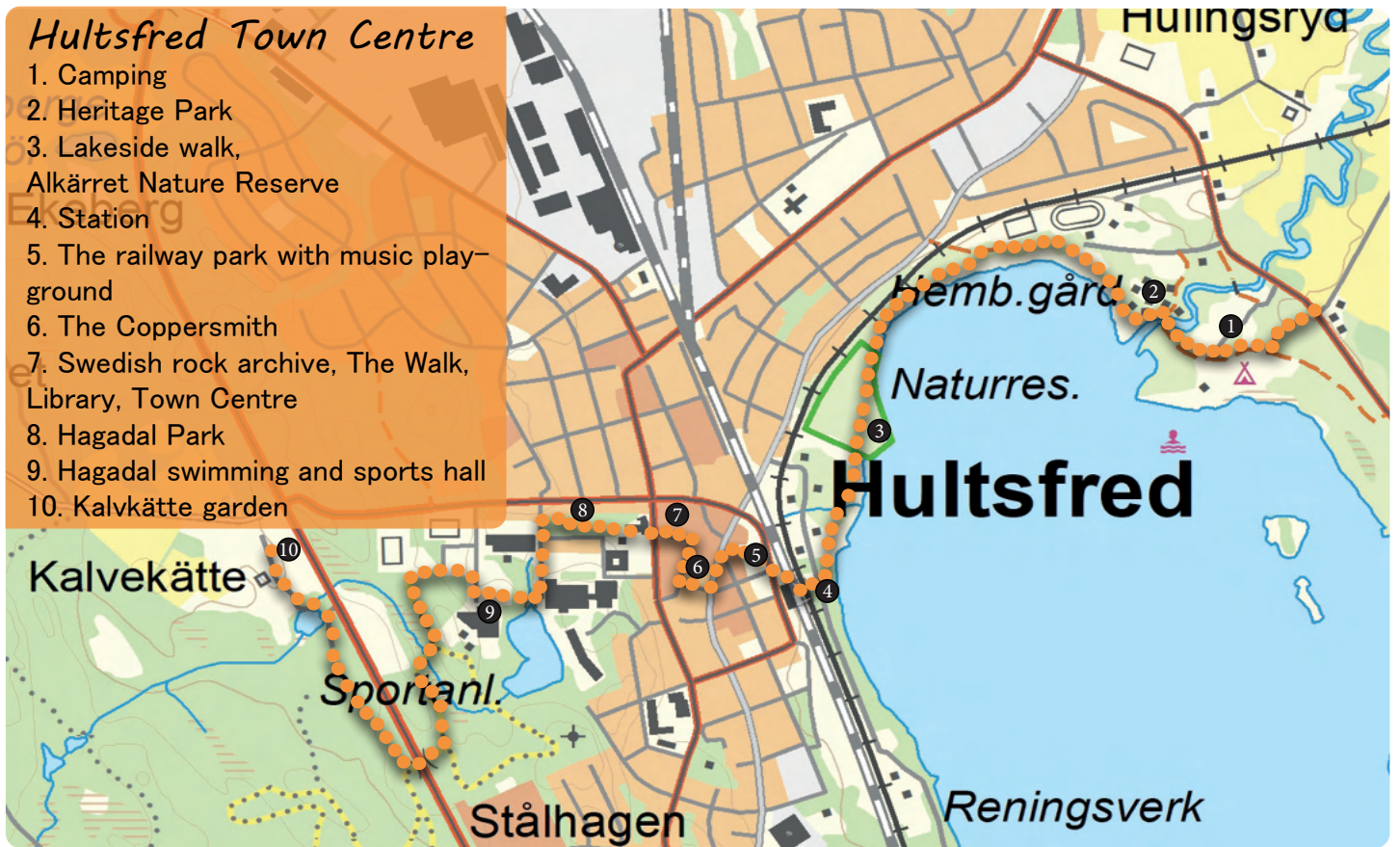
1. Camping
2. Town centre





## Hultsfred Town Centre

1. Camping
2. Heritage Park
3. Lakeside walk, Alkärret Nature Reserve
4. Station
5. The railway park with music play-ground
6. The Coppersmith
7. Swedish rock archive, The Walk, Library, Town Centre
8. Hagadal Park
9. Hagadal swimming and sports hall
10. Kalvkätte garden



## Hultsfred - Lönneberga

12 km, approx. 2½-3 hours

From the town centre via Hagadal swimming and sports hall and through the Kalvkätte garden, you continue on forest roads past Rômpehöl and the ruins of crofts at Nydal and Brokhorva until you reach Lönneberga Heritage Property.

1. Kalvkätte Garden
2. Rest area with benches and fire-place

Thanks to the right of public access, everyone can move freely in the Swedish countryside  
Read more at [www.naturvardsverket.se/Allemansratten](http://www.naturvardsverket.se/Allemansratten)

- Good things to bring with you on a day trip are water, plasters, map, mobile, an extra sweater and spare socks. Take a bag with you for rubbish & food scraps
- Dogs must be kept on a leash in the wild from 1st March to 20th August.
- The moose hunt takes place in midOctober.
- Make sure you know about any fire bans in force during the summer. Under normal circumstances, you may light a fire, but not on rocks or stones and make sure to put it out properly before you leave.

Legend	
	dry toilet
	standpipe
	wind shelter
	parking