



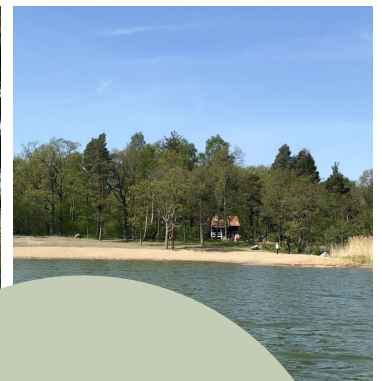
## TRAIL HUNGA – 13 KM

Surface: asphalt, gravel

### *Sights/tips along the way*

- Birdtower at Trosa wetland
- Homestead Trostorp
- Runic carvings below Trostorp
- Trosaland church
- Bergastenen - Sörmlands´ oldest runestone
- Interesting architecture and a nice cafe at Emils backe
- Tureholm castle - (privately owned)

*13 km long trail in a scenic area between pastures, fields and forest.*



## TRAIL ÖBOLANDET – 4 KM

Surface: asphalt, gravel

### *Sights/tips along the way*

- Borgmästarholmen beach and nature area
- Trosa beach and camping

*A shorter trail on Öbolandet, between holiday homes and new architecture, near the city center.*

### *Essential phone numbers*

SOS 112 | Taxi +46 (0)156-10 000 | Trosa Municipality +46 (0)156-520 00 |  
Trosa Tourist Center +46 (0)156-522 22 | Bicycle Rental: Apelago Trosa Guest Harbour +46 (0)156-50 52 00,  
Team Sportia +46 (0)156-126 40 | Bicycle Guide: We Ride MTB +46 (0)73-365 11 68 | Bicycle Workshop:  
Cykelgaraget +46 (0)70-425 40 44, Team Sportia +46 (0)156-126 40



Please note that this is a tour suggestion. There is no signage to follow.